

Transformation

**The Essential Guide for
Male to Female
Transformation**

www.transformation.co.uk

The Essential Guide for Male to Female Transformation

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Hello,



Transformation was founded by myself in 1984. Having been through the gender reassignment process at a time when it wasn't socially accepted, I am only too aware of the struggles and hardship that are faced by those seeking to become more feminine.

It took me a long time to discover why I felt like something was missing and how I could go about resolving that. Having experienced that myself, I would never wish for anybody else to feel that way.

Whether you crossdress in the privacy of your own home when nobody else is around or whether you're looking to pass convincingly as a woman in the street, becoming more feminine can appear a minefield - there are so many issues and options, it can be hard to know where to start.

That's why I've put together this guide. Over 10 points, we will look at the key aspects that will help make you feel, and look, more feminine. If you follow these steps, you'll be on your way to achieving the Male to Female Transformation you desire.

If you have any questions or would like to know more about the products we provide, please don't hesitate to contact us. All of our contact information will be listed at the end of this guide.

Kind regards,

Stephanie Anne Lloyd

Transformation's Transsexual Founder

Transformation



1. Decide what parts of your body you want to feminise

Whilst the obvious answer may be breasts, there are a number of other ways in which you can make your body appear more feminine. You could shrink your waist or enhance your buttocks, to provide a fuller, feminine hourglass shape.

Once you know what areas you want to focus on, you can begin looking into which products can be used.

2. Decide if you want to keep your new feminine development a secret

The answer to this is going to impact the products you use. For example, if you were looking to develop breasts but wanted to keep them a secret, you might wish to consider wearing silicone breasts or a lower strength breast development cream or breast enhancement hormone pills.



3. Find a reputable company that can provide safe-to-use, self-administered hormone products

You need to make sure that the products you're taking are safe, effective, and fit to be administered by yourself. There are a whole host of options available now, ranging from creams, patches, tablets, etc. so you must make sure you find a company that provides all the information you need about the products and take caution if you have existing health concerns.

Look out for companies that have expert staff on hand at all times to help you with any questions you may have.

4. Decide how quickly you would like your transformation to happen

Just as with whether you want to keep your feminine parts a secret, the speed that you're hoping to achieve a transformation with will also impact the types of products that you buy.

For example, if you are looking to develop breasts quickly, you may wish to use a higher strength oestrogen hormone breast development product, as well as breast growth accelerator capsules.

5. Be realistic with your feminisation target

Unfortunately, the whole process could take longer than you anticipate or want it to. You have to think of it in the same way as a female going through puberty – the results will vary and they don't come instantly.

6. Start with a small amount of breast and nipple development cream

As previously mentioned in the last point, your body will react to the products differently to others. Therefore, you may see greater results faster. If you're looking to keep your feminine development a secret, you may wish to test out how susceptible your body is to the creams.

7. Keep to low strength medications to start

As with the creams, you may be particularly receptive to the medication. If this is the case, and you use high strength medication, the results you achieve may be more visible than you initially wanted.

8. Remember to take Anti-Androgens

In order for any of the female hormones to work successfully, you have to suppress the testosterone in your body. Anti-Androgens are designed to prevent testosterone from destroying female hormones. This allows any feminising hormones you take to work at optimum effectiveness, although it will not reduce your sex drive.

9. Seek medical advice when necessary

When you begin taking feminine hormones, you may experience some slight side effects during the first few days. These are usually in the form of hot flushes and feeling light headed. This is completely normal.

However, if you suffer from serious medical conditions or blood disorders (thrombosis, high blood pressure, or kidney disease, etc.), please do seek medical advice before using any feminine hormone product.

10. Upkeep is essential

If you stop taking hormone products, any of the feminine development that has occurred will gradually reverse. Therefore, in order to maintain your new feminine development, you will need to continue taking hormone products, albeit at a lower dosage.

I hope that this guide has proven to be of use and has given you some things to think about. I also hope that you now have a clearer understanding of the process and the things that you need to consider before taking any steps towards feminising your body.

If you have any questions or would like to take a look at the wide range of products we manufacture, all of our contact details are listed below:

Get in touch



www.transformation.co.uk



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